

EVERYDAY HEROES

A 5-week children's ministry curriculum
on the value of work



Week 1 – Police Officers: Upholding Justice

Lesson Title: "Guardians of Peace: Police Officers and God's Justice"

Main Idea: Children will learn about the role of police officers in maintaining safety and order in their communities, and how their work reflects God's love for righteousness.

Scriptures Referenced: Romans 13:1; 1 Peter 2:13-14; Proverbs 21:15



**Whatever you do, work at it with
all your heart, as working for the
Lord, not for human masters.**

Colossians 3:23.NIV






**Whatever you do, work heartily,
as for the Lord and not for men.**

Colossians 3:23 ESV





**And whatsoever ye do, do it
heartily, as to the Lord, and
not unto men.**

Colossians 3:23 KJV





**Work willingly at whatever you do,
as though you were working for
the Lord rather than for people.**

Colossians 3:23 NLT



Introduction & Group Game: Serve and Protect Relay

Welcome Script: "Good morning, everyone! I'm so excited to see all your bright and shining faces today. I hope you are ready for a new adventure because today, we're embarking on a journey to discover the real-life superheroes in our communities. Yes, that's right, superheroes!

Now, you may be thinking of capes, superpowers, and comic books, but the heroes we're talking about today don't need to fly or have super-strength. They are everyday people like you and me, who use their abilities to serve God, their communities, and make the world a better place. Can you guess who these heroes might be?

Yes, they are our beloved police officers, healthcare workers, teachers, grocery store workers, and social workers. Over the next five weeks, we'll learn about these heroes and how their work reflects God's love and teachings.

Today, our focus will be on the brave and honorable police officers. But before we dive into today's lesson, 'Guardians of Peace: Police Officers and God's Justice,' let's start with a fun game to get our energy flowing."

Group Game: "Serve and Protect Relay"

Materials needed: Two sets of items that a police officer might use – a hat, a toy walkie-talkie, a badge, and a toy flashlight. You can find most of these items at a party supply store.

Instructions:

1. Divide the class into two equal teams.
2. At the other end of the room, place a set of police items for each team.
3. When you say "Go," the first child on each team must run to the other side of the room, put on the police items, say "I'm here to serve and protect," then run back and tag the next player in line.
4. The next player must run to the other end, remove the items, run back, and tag the next player, who then repeats the process.
5. The relay continues in this way until all players have had a turn. The first team to finish wins.

Object Lesson: The Shield of Righteousness

Materials needed: A toy shield (or make one from cardboard), some small soft balls or rolled-up socks.

Teacher Script: "Now, I have something special to share with you all. Can you guess what this is?" [Hold up the shield.]

"Right! This is a shield. You've probably seen it used by superheroes or knights to protect themselves. But today, this shield represents something more. It represents righteousness and justice, the very things that our police officers stand for every day.

Just like this shield, police officers are meant to protect our community. They uphold the law and keep us safe, just as this shield can protect us from these soft balls."

Invite a volunteer to try to throw the soft balls at you while you block them with the shield.

"See how this shield protects me from the balls? It's just like how our police officers protect us from harm and help maintain peace and order. They are our real-life superheroes, our 'Guardians of Peace.'

But there's more. Police officers don't just protect us physically. By upholding laws and promoting justice, they also reflect God's love for righteousness."

READ: Romans 13:1

"This verse tells us that every authority, including our police officers, is established by God. They are a part of God's plan to maintain order and justice in our world. When they do their jobs with integrity, they are serving not just us, but God too.

So, the next time you see a police officer, remember our shield here. Think about how they protect and serve, about their role in God's plan, and about how their work to uphold justice reflects God's righteousness. And maybe, just maybe, you'll see them a little bit like the everyday heroes they truly are."

Bible Lesson:

Guardians of Peace and Justice

Teacher Script: "Alright, friends! Let's gather around for our Bible lesson today. We're going to be learning about police officers and God's justice, and we'll be looking at some scriptures to help us understand better. Are you ready? Great! Let's dive in.

First, let's look at what the Bible says about those in authority, like our police officers.

READ: Romans 13:1

Can anyone tell me what they think this verse means? [Pause for responses.] That's right! This verse tells us that all authorities, like our police officers, are established by God. They help maintain order in our society, which is a part of God's plan.

Now, let's see another verse that speaks about authority and doing what is good.

READ: 1 Peter 2:13-14

Does anyone want to share what they think these verses mean? [Pause for responses.] Excellent thoughts, everyone! These verses are telling us to respect and honor those in authority because they are here to punish those who do wrong and praise those who do right. Just like police officers, right? They maintain peace and order in our community.

Now, let's think about how police officers reflect God's love for justice.

READ: Proverbs 21:15

Does anyone want to share their thoughts on this verse? [Pause for responses.] Yes, you're all doing so well! This verse shows us that justice brings joy to the righteous but fear to those who do evil. And who helps bring justice in our communities? Yes, our police officers!

Now, we've talked about police officers and their role in upholding justice. But remember, they're not the only ones responsible for promoting justice. Can anyone think of ways we can help promote justice in our communities? [Pause for responses.]

Those are all fantastic ideas! You see, just like police officers, we can also play a part in upholding God's justice in the world around us. Remember, we're all part of God's workforce, and we can be everyday heroes too!

Next time, when you see a police officer, remember the important job they do for all of us, and how they reflect God's justice. And always remember, you can be an everyday hero too!

Let's close with a prayer thanking God for our police officers and asking Him to help us be everyday heroes in our own ways."

Memory Verse Activity: Verse Scramble

The memory verse for this series is Colossians 3:23. For this activity, you will need to write each word from the memory verse on a separate index card.

Materials needed: Index cards, marker.

Teacher Script: "Alright, everyone! It's time for our Memory Verse Activity! Today, we're going to learn Colossians 3:23. This verse talks about the importance of doing our work as if we are working for God, not for human bosses.

Now, I have here cards with all the words from our memory verse written on them. But oh no, they are all mixed up!"

Scramble the index cards and place them in the center of the group.

"Your task is to arrange these words in the correct order of our memory verse. I'll divide you into teams and the first team to arrange the verse correctly wins."

Divide the children into teams and let them work on arranging the words.

Teaching Skit: Officer Friendly's Day

Characters:

1. OFFICER FRIENDLY - A kind and responsible police officer.
2. ALEX - A curious and enthusiastic child.
3. KATIE - Alex's friend, thoughtful and considerate.

(At the park, OFFICER FRIENDLY is patrolling. ALEX and KATIE are playing nearby.)

ALEX: (Waving at OFFICER FRIENDLY) Hi, Officer Friendly!

OFFICER FRIENDLY: (Waves back) Hello, Alex! Hi, Katie! How are you two doing today?

KATIE: We're good! What about you?

OFFICER FRIENDLY: I'm doing well, thank you! Just making sure everyone at the park is safe.

ALEX: That sounds like a big job!

OFFICER FRIENDLY: It is, but it's also an important one. I believe my work helps to keep peace and uphold justice in our community.

KATIE: Uphold justice? What does that mean?

OFFICER FRIENDLY: Well, Katie, to uphold justice means to make sure that everyone is treated fairly and according to the law.

ALEX: Just like in Romans 13:1! We learned that verse in Sunday School. It says that God establishes all authorities.

OFFICER FRIENDLY: That's right, Alex! And do you know what else? When I do my work with honesty and integrity, I am serving not just the community but also God.

KATIE: (In awe) Wow, you're like an everyday hero, Officer Friendly!

OFFICER FRIENDLY: (Laughs) Well, I wouldn't say a hero. But I try my best to do my work well because it is a way I can serve God and you all.

ALEX: (Excited) I want to be an everyday hero too!

OFFICER FRIENDLY: And you can, Alex! Remember, we can all be everyday heroes by doing our part to uphold peace and justice.

KATIE: Thank you, Officer Friendly! We'll remember that!

OFFICER FRIENDLY: You're welcome, kids. And remember, you're a part of God's workforce too!

Discussion Questions & Prayer

Leader Script: " Great job during our Bible lesson! I could see you all were really paying attention, and that's wonderful. Give yourselves a pat on the back!

Now, we're going to talk a bit more about what we learned today. I'm going to ask some questions, and I want you to feel free to share your thoughts. There's no right or wrong answer, okay?

1. Can anyone tell me what job Officer Friendly does and why it's important?
2. What does it mean to uphold justice, and how do police officers do that?
3. How does Officer Friendly's job reflect what we read in Romans 13:1?
4. How can we, just like Officer Friendly, be everyday heroes in our own ways?

These are some big questions, but I know you can handle them. Take a moment to think, and when you're ready, share your thoughts. (Allow for discussion.)

"Now, let's shift our focus a little. Does anyone have any prayer requests? Anything you want us to pray for or give thanks for?" (Allow for prayer requests.)

Let's pray together now:

Dear God, thank you for bringing us together today to learn about your love for justice and the important work of our police officers. We ask for your blessing and guidance for them as they keep our communities safe. Please help us to be everyday heroes in our own ways, showing your love and righteousness to those around us. We also lift up the prayer requests shared today and ask for your comfort and healing where it is needed. Thank you for your love and care for us. In Jesus' name, we pray, Amen."

Craft Activity: Badge of Justice

Have the children create their own "Badge of Justice". They can cut out a badge shape from the cardstock or cereal box, cover it with aluminum foil, and then decorate it with markers. If available, a safety pin can be attached to the back, or punch holes and thread yarn through to create a necklace. This craft will remind the children about the role of police officers in upholding justice.

Materials: Cardstock or old cereal boxes, aluminum foil, markers, safety pins or yarn

Instructions:

1. Provide each child with a piece of cardstock or a cereal box cutout. Ask them to draw and then cut out a badge shape.
2. Give them a piece of aluminum foil to cover their badge and secure it on the back with glue or tape.
3. Allow them to decorate their badges using markers. They could write words like "Justice", "Peace", or "Hero" or draw symbols representing justice and peace.
4. Attach a safety pin to the back or punch two holes at the top and thread yarn through to create a necklace. Help younger children with this step.

Word Search

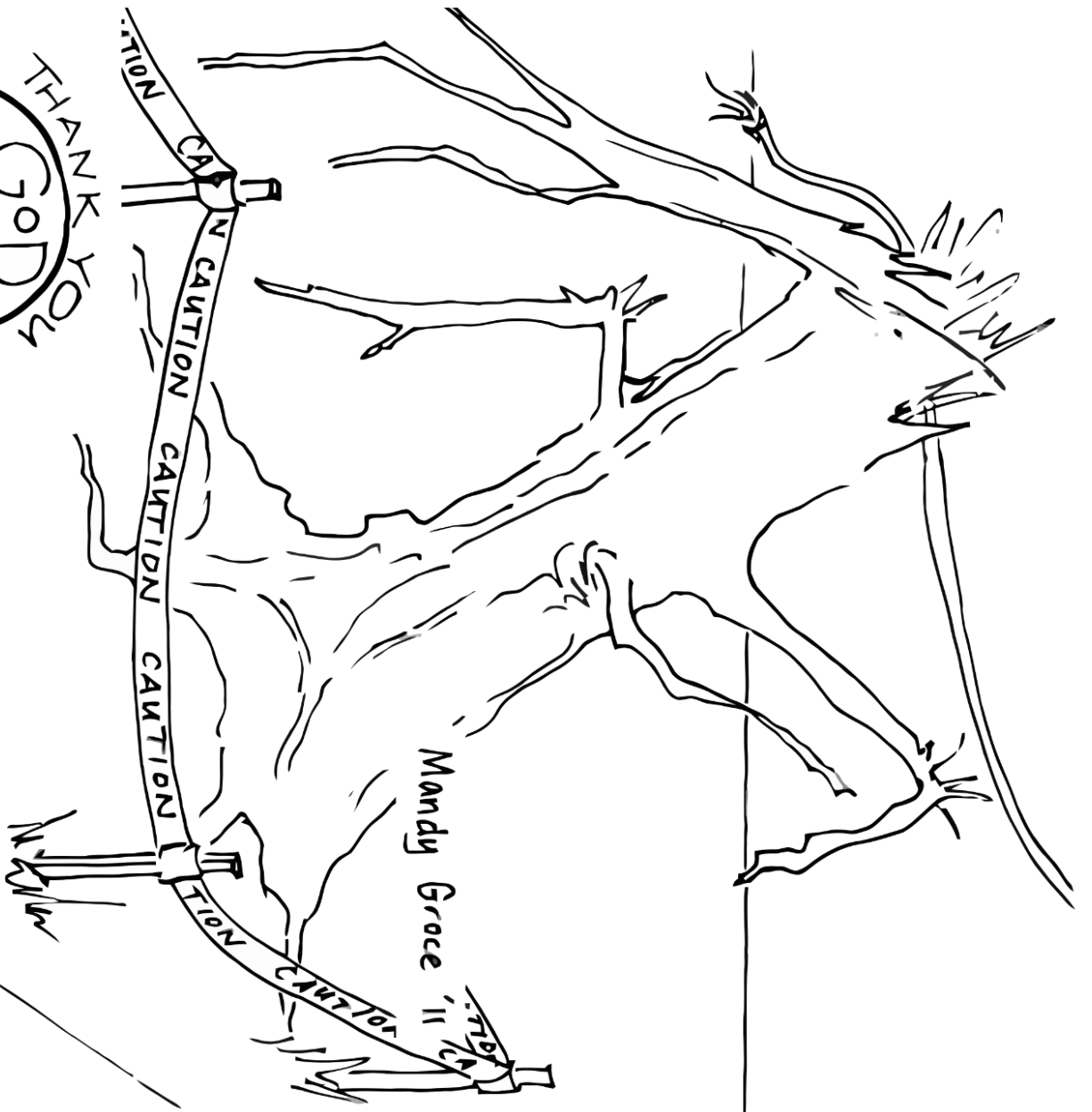
AUTHORITY - COMMUNITY - COURAGE - FAIRNESS - HERO - JUSTICE

OFFICER - PEACE - POLICE - RESPECT - RESPONSIBLE - SAFETY - SERVICE

S R A U T H O R I T Y
F A I R N E S S T Y B
L W F R E S P E C T V
G J P E P Q G R K M C
A U P L T E V V Y E O
W S H L W Y A I Y P U
Q T E O F F I C E R R
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Word Search Answers





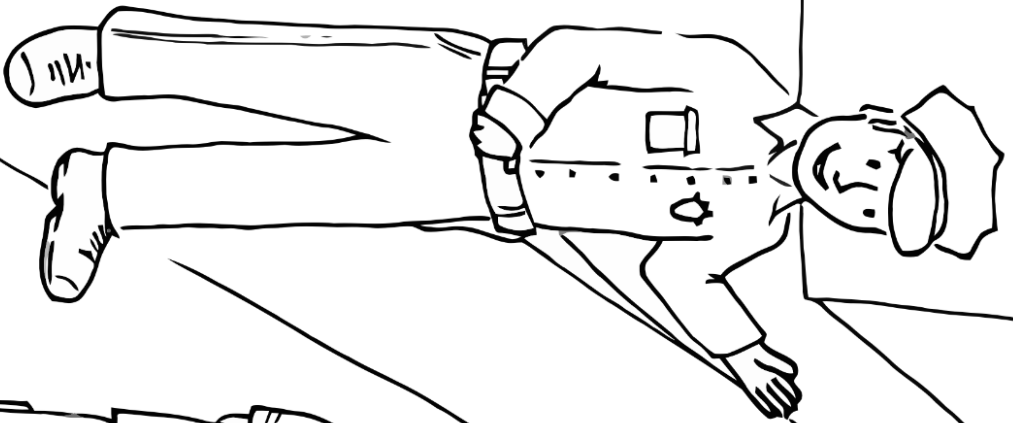
Mandy Groce '11

CAUTION CAUTION CAUTION CAUTION CAUTION

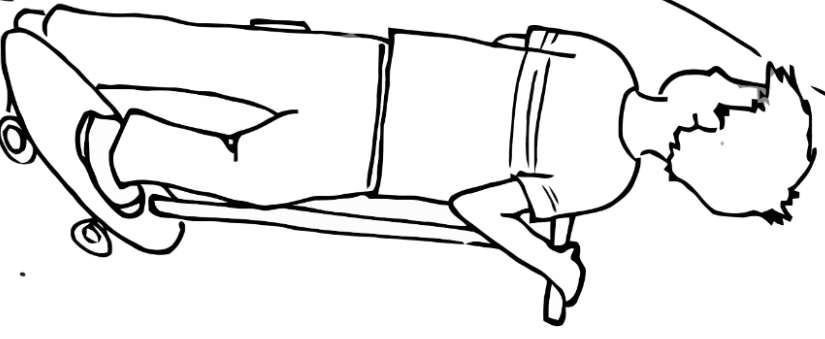
THANK YOU
GOD
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EVERYDAY

HERES!

Mandy Groce '11



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Note for Parents:

Everyday Heroes – Police

In today's lesson, your child learned about the important role of police officers in our communities. We explored how these everyday heroes uphold peace, safety, and justice, reflecting God's love for righteousness. Our main idea was to understand that all work, when done with the intention to glorify God and serve others, is a divine calling.

The memory verse for this week was Colossians 3:23, reminding us to do all our work as if we are working for God, not for humans. This verse underscores the dignity and value of all professions and encourages us to see our daily tasks as opportunities to serve God.

To continue this learning at home, we encourage you to discuss the lesson with your child. Ask them about their understanding of a police officer's job and how it can be a way to serve God. Reinforce the memory verse throughout the week and see how you might apply it in your everyday life.

We hope this lesson helps your child appreciate the work of our everyday heroes and inspires them to view their future vocations as opportunities to serve God and their community.

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"Everyday Heroes: Honoring God's Workforce" **5-Week Children's Ministry Curriculum**

In our world today, children often see superheroes in movies and comic books as the model of valor and service. But what about our everyday heroes – police officers, healthcare workers, teachers, grocery workers, and social workers, among others? These individuals dedicate their lives to serving their communities, often without the recognition they deserve. This gap in understanding presents a problem: children may not fully appreciate the value of work and the importance of these vocations in our society. This reality can lead to a lack of respect for these professions and a distorted understanding of what it means to serve others. It can also lead children to overlook these roles as potential ways to serve God and their community in the future. As a result, they might miss out on the opportunity to see work as more than just a way to earn a living, but as a means to glorify God and serve others.

You are viewing the 1st week as a free sample lesson. Use the link below to purchase the complete 5-week curriculum.

<https://sundayschool.store/products/everyday-heroes-5-week-childrens-ministry-curriculum>

Memory Verse: Colossians 3:23

Suggested Age: Children 6-12 Years Old

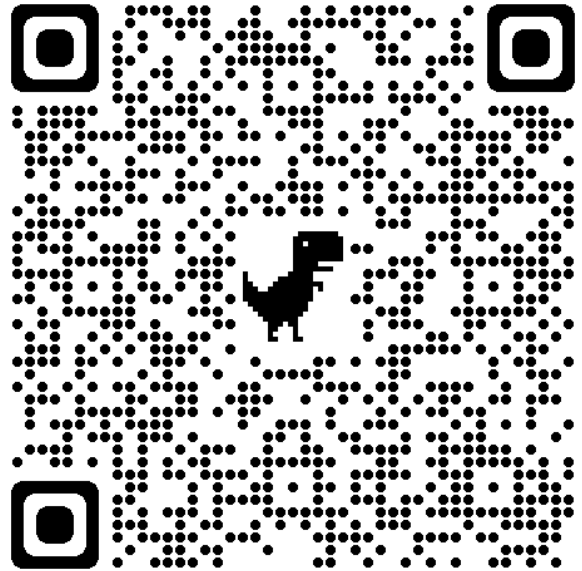
Scripture: Adaptable to any translation, posters provide for KJV, NIV, ESV, NLT.

Gospel Connection: All of us need the love and forgiveness of Jesus, but we can also praise God for his justice. In his love, the LORD has set up human leaders to promote peace and justice, even though

it's not always perfect. When Jesus returns he will bring final justice and peace for all people. When we accept Christ as our Savior his rule of peace begins in our hearts and we can be agents of his mercy in the world.

"Everyday Heroes: Honoring God's Workforce" is a 5-week children's ministry curriculum that aims to solve this problem by teaching children the value and dignity of work from a biblical perspective. Each week, children will learn about a different profession, understanding that all work, when done with the intention to glorify God and serve others, is a divine calling. Children will have an opportunity to think about their own interests and how God is preparing them to be a hero in their own vocational calling one day. They will explore the roles of:

1. Police Officers - Upholders of justice, safety, and order, echoing God's love for righteousness (Romans 13:1).



2. Healthcare Workers - Healers and comforters, embodying Christ's compassionate healing ministry (1 Corinthians 12:9).
3. Teachers - Guiders of growth and wisdom, reflecting Solomon's wisdom and Jesus as our ultimate teacher (Proverbs 22:6).
4. Grocery Workers - Providers of essential sustenance, akin to God's provision for His people (Colossians 3:23).
5. Social Workers - Advocates for vulnerable individuals and families, demonstrating God's care for the downtrodden and marginalized (Proverbs 31:8-9).

By the end of the series, children will not only have a greater appreciation for these everyday heroes but also a deeper understanding of how their possible future vocations can serve God and their community. They will learn to value work not just as a means to an end, but as a way to participate in God's ongoing work in the world.

Week 1 - Police Officers: Upholding Justice

Lesson Title: "Guardians of Peace: Police Officers and God's Justice"

Main Idea: Children will learn about the role of police officers in maintaining safety and order in their communities, and how their work reflects God's love for righteousness.

Scriptures Referenced: Romans 13:1; 1 Peter 2:13-14; Proverbs 21:15

Week 2 - Healthcare Workers: Healing and Comfort

Lesson Title: "Compassionate Caregivers: Healthcare Workers and God's Healing"

Main Idea: Children will explore the vital role healthcare workers play in healing, comforting, and caring for the sick, and how they embody Christ's compassionate healing ministry.

Scriptures Referenced: 1 Corinthians 12:9; Matthew 25:34-40; James 5:14-15

Week 3 – Teachers: Guiding Growth and Wisdom

Lesson Title: "Shapers of Minds: Teachers and God's Wisdom"

Main Idea: Children will learn about the significant role teachers play in sharing knowledge, inspiring growth, and guiding them, reflecting Solomon's wisdom and Jesus as our ultimate teacher.

Scriptures Referenced: Proverbs 22:6; James 3:1; 2 Timothy 3:14-17

Week 4 – Grocery Workers: Providing Sustenance

Lesson Title: "Sustainers of Life: Grocery Workers and God's Provision"

Main Idea: Children will discover the importance of grocery workers in providing essential goods and services, akin to God's provision for His people.

Scriptures Referenced: Colossians 3:23; Matthew 6:25-26; 2 Thessalonians 3:10-12

Week 5 – Social Workers: Advocating for the Vulnerable

Lesson Title: "Defenders of the Downtrodden: Social Workers and God's Care"

Main Idea: Children will explore the compassionate work of social workers who advocate for individuals and families in need, demonstrating God's care for the downtrodden and marginalized.

Scriptures Referenced: Proverbs 31:8-9; Isaiah 1:17; James 1:27

